



The best destination can be a better destination.

Raising awareness of sustainable nature tourism.

Organization



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Are you a tourist or a visitor and want to discover Algarve's natural heritage? Consult the map of the available routes and find out about the tour operators that will be able to guide you safely and with greater knowledge on this trip, making the most of the beauty and unique characteristics of the region. Then read carefully and follow the set of rules of conduct, before and during your tours.

Are you a tour operator? This is a manual that you can make available to your costumers and/or guests.

Finally, if you are a resident and are aware of the importance of protecting the environment in your region, we appreciate you helping us to spread these rules by sharing this Awareness Campaign on your social media, on your company's website, on your blog, or wherever you consider appropriate.





Legenda

- Principais acessos
- Linhas de água e Albufeiras
- Nascentes
- Altitude
- Vegetação

- Património Natural**
- Sítios da Rede Natura 2000
- Parques e Reservas Naturais
- Reserva Ecológica Submarina
- IBA - Sítios importantes para a avifauna
- Centro de Educação Ambiental

- Património edificado**
- Sítio Classificado da Rocha da Pena
- Sítio Classificado da Fonte da Benémola
- Leixão da Gaivota

- Património edificado**
- Cidade
- Localidade
- Vila típica
- Castelo / Fortaleza
- Ponte romana
- Moinho de vento, de maré ou azenha
- Monumento megalítico
- Farol
- Parque Mineiro

- Grandes Rotas pedestres e cicláveis**
- Via Algarviana
- Ecovia do Litoral
- Grande Rota do Guadiana
- Percursos Descoberta - GR 23
- Rota Vicentina
- Caminho Histórico
- Trilho dos Pescadores
- Percursos circulares



Rota Algarviana:
viaalgarviana.org/pt

Rota Vicentina:
rotavicentina.com

Percursos Descoberta – GR23:
www.in-loco.pt/pt/percursos-pedestres/

Grande Rota do Guadiana:
baixoguadiana.com/pt/percursos/

Via Algarviana:
viaalgarviana.org

Ecovia do Litoral:
visitportugal.com/pt-pt/content/ecovia-do-litoral



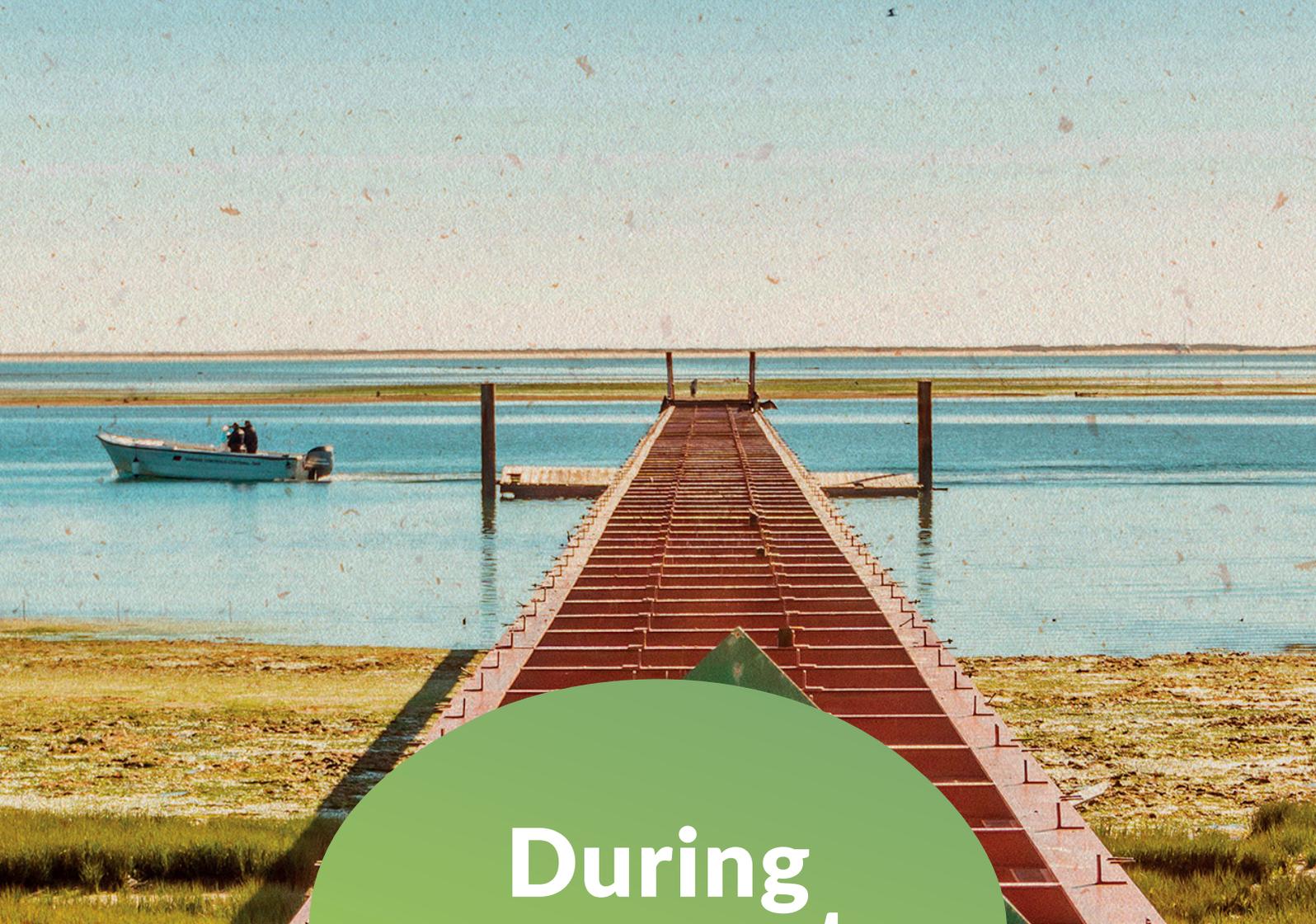
Before you leave

Rota Vicentina
PR1 AJZ

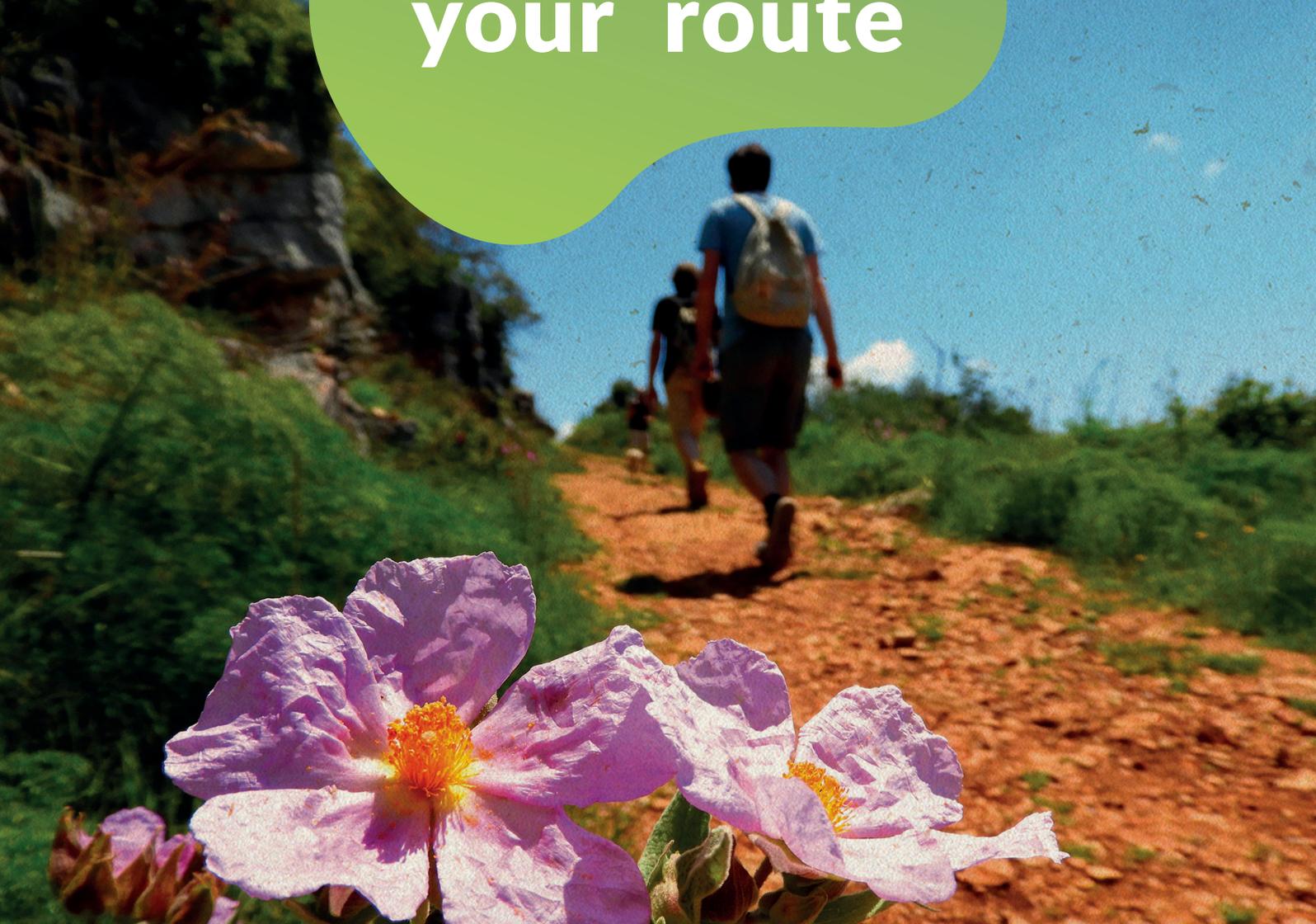


- Find out about the best season for your trip. Usually, february to april and the beginning of autumn are the most suitable periods.
- Take a bag with you in which to place any rubbish you might produce.
- Take a pair of thin latex gloves so you can collect any non-organic rubbish you might find on your route.
- Take extra clothes, e. g., a jumper and a pair of trousers, in case you have to get warmer or cross streams.
- Take a torch.
- Use thermal boxes to keep food and drinks at the ideal temperature.
- Locate on the map the existing picnic spots in protected areas and plan your route so you can have your meals only in the designated areas.
- Locate existing caravan parks. Staying overnight in unlicensed locations is prohibited and subject to a fine.
- Walk in small groups. An excessive number of visitors at the same time can cause unwanted erosion and destruction of local vegetation.
- To reduce your ecological footprint, choose longer stays and reduce the number of trips.





**During
your route**



- When possible, and for your own safety, book the walks with accredited tourist companies.
- Respect the signs indicating “Protected Area”.
- Always look for the marked trails and follow the markings.
- Protect yourself from accidents. The same route might be enjoyed in different ways: on foot, by bicycle or in motorized vehicles.
- Do not collect plants, rocks or wild animals. Create photographic memories instead.
- Respect and preserve any natural or cultural heritage. Discover the traditions but respect the local costumes and peace.
- If you enter or pass by private properties: do not damage anything and close any gate you might find on your route.
- When visiting residential areas be polite to local populations and respect their ways of life.
- Keep your distance from animals, do not feed them, observe them in silence and using binoculars.
- If you need to cook food, do it only where it is authorized, such as picnic spots. Never start a fire outside of these areas.
- Wild camping and wild caravanning is prohibited in Portugal and subject to a fine.
- Deposit any rubbish in the appropriate places. Collect any non-organic rubbish you might find.
- In case of need, with no toilet nearby, look for a place more than 50m from the trail and away from watercourses. Use a bag to store the human waste and the toilet paper and deposit it in the nearest rubbish bin.
- If you detect any irregularities, or in an emergency, call 112.





algarve⁺ sustentável

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Algarve + Sustentável was the largest nature tourism and sustainability event held in Algarve in 2021 and 2022. At its genesis were the Bienal de Turismo de Natureza and the Algarve Nature Fest, project promoted by Associação Vicentina, whose editions had the support of the Municipality of Aljezur, and the Algarve Nature Fest, event organized by the Região de Turismo do Algarve.

Encouraging the sustainability of tourist destinations in the region was the objective of this event, of which this manual is an integral part. It compiles, in a synthetic and accessible form, rules of conduct essential for a conscious visitation and informed enjoyment of environmentally qualified territories, aiming for their protection and preservation.

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